

Greece

History, Tradition and Island Life

September 30 - October 11, 2028

Women Travel Tribe

Small Group Adventures for Women 50+

womentraveltribe.com/tours/greece-sep-2028

Tour Overview

Duration:	12 days
Maximum Group Size:	12 women
Start Date:	September 30, 2028
End Date:	October 11, 2028
Arrival Airport:	Athens International Airport (ATH)
Departure Airport:	Athens International Airport (ATH)

This Greece journey is designed for women who want to experience the country beyond postcards and crowds - slowly, thoughtfully, and with room to truly enjoy each place. Over nearly two weeks, we move from the ancient heart of Athens to sacred mountain sites, then into the easy rhythm of the Cycladic islands, blending history, everyday culture, food traditions, and plenty of time to simply be.

We begin in Athens, where layers of history stretch from antiquity to modern life. With expert local guides, we explore iconic sites such as the Acropolis and Parthenon, but also make space for quieter moments such as wandering old neighborhoods, enjoying simple local flavors, and taking in the city at a human pace. A hands-on weaving experience offers a beautiful connection to Greek domestic traditions that have shaped daily life for centuries, grounding the ancient stories in something tactile and personal.

From there, the journey carries us inland to Delphi and the mountains of central Greece, then onward through wine country and into Nafplio, where elegance, sea air, and history blend effortlessly. These days balance learning with comfort - scenic drives, thoughtful visits, and shared meals - allowing the story of Greece to unfold naturally rather than feeling rushed or overwhelming.

The second half of the trip slows even further as we move into island life on Naxos and Paros. Here, days are shaped by cooking with local ingredients, wandering villages, swimming or resting by the sea, and enjoying the simple pleasure of good food and open time. There is no pressure to do everything, only gentle invitations to explore, rest, or follow your curiosity. Traveling in a small, women-only group creates an atmosphere of ease and camaraderie, where everyone feels supported and free to experience Greece in her own way.

This journey is especially well suited for women 50+ who value depth over speed,

authenticity over spectacle, and travel that feels nourishing rather than demanding. If you're drawn to Greece not just for its beauty, but for the way it invites you to slow down and savor life, this trip offers exactly that.

Itinerary

Day 1: Athens (Arrival Day)

Included meals: Dinner

Welcome to Greece! Upon arrival, you'll be met at the airport and transferred to our hotel near the city center - a smooth, easy start designed to help you settle in comfortably. After time to rest and refresh, we'll gather for a relaxed orientation and our first shared dinner together at one of Athens' best restaurants, offering a warm introduction to Greek cuisine and the days ahead. This evening is about easing into the journey, meeting the women you'll be traveling with, and letting the atmosphere of Greece gently unfold.

Day 2: Athens

Included meals: Breakfast, Lunch

Today we explore Athens with an expert guide who brings the city's long and layered history into clear focus. We visit the Acropolis and Parthenon, followed by other important landmarks including the Temple of Zeus, Hadrian's Arch, and the marble Kallimarmaro Stadium, built for the first modern Olympic Games. We then wander the narrow streets of Plaka, where ancient ruins sit alongside cafés and small shops, before visiting the Acropolis Museum to deepen our understanding of what we've seen. Along the way, we pause for simple local tastes - including souvlaki and Greek coffee - before sitting down for lunch at a neighborhood taverna. The evening is free to enjoy at your own pace, whether that means a gentle walk through lively neighborhoods, a rooftop drink with Acropolis views, or simply relaxing after a full and meaningful day.

Day 3: Athens

Included meals: Breakfast, Dinner

This morning we step into the world of Greek weaving, guided by a skilled artisan who shares how textile traditions have shaped everyday life from antiquity to the present. We take part in the process ourselves - preparing wool, setting threads, and weaving a small piece to take home - creating a tangible connection to Greek domestic culture. The afternoon is free for you to enjoy Athens as you wish. Options include strolling through the National Garden, visiting a museum, browsing food shops and markets, or lingering over coffee in one of the city's elegant neighborhoods. In the evening, we come together again for dinner.

Day 4: Athens / Delphi / Arachova

Included meals: Breakfast, Lunch, Dinner

Leaving Athens, we travel toward the mountains of central Greece, with stops along the way to stretch and rest. After lunch, we arrive at Delphi - one of the most sacred places of the ancient world - set high on the slopes of Mount Parnassus. With our guide, we explore the sanctuary at a comfortable pace, moving through its terraced layout and learning how people once came here seeking guidance from the Oracle of Apollo. The sweeping views across the valley help explain why the ancient Greeks believed this was the center of the world. We then visit the Delphi Museum before continuing on to the mountain town of Arachova, where we check in and enjoy dinner after a full and fascinating day.

Day 5: Arachova / Mycenae / Nafplio

Included meals: Breakfast, Lunch

Today blends ancient history, wine traditions, and the slower pace of the Peloponnese. We drive from Arachova toward Mycenae, one of the most important archaeological sites in Greece, where we'll explore the remains of this powerful Bronze Age civilization and learn about the world of kings, fortified citadels, and early Greek legend. From there we'll continue to the Nemea region, one of Greece's most important wine areas, for a guided tasting at a respected winery set among vineyards. After the tasting, we'll drive onward to Nafplio, once the first capital of modern Greece, known for its elegant old town and waterfront promenade. After checking in, the rest of the day is yours to unwind and enjoy the relaxed rhythm of this coastal town.

Day 6: Nafplio / Athens / Naxos

Included meals: Breakfast, Dinner

We leave Nafplio this morning and return to Athens to board our ferry to Naxos. As the largest island in the Cyclades, Naxos feels grounded and authentic, with fertile valleys, mountain villages, and a pace that invites you to slow down. After arrival and check-in, you'll have time to settle in before an evening walk through town and the castle area. Dinner is at a local restaurant, followed by a sweet stop to try one of Naxos' well-known waffles - a simple, joyful end to the day.

Day 7: Naxos

Included meals: Breakfast, Lunch

Today takes us into the agricultural heart of Naxos. We visit the village of Eggares to learn about traditional olive oil production, then continue to Galini for a farm-to-table cooking experience. After walking through the organic farm and gathering ingredients, we prepare a traditional dish together and enjoy the meal we've created. The remainder of the day is free to enjoy the island - whether that means time by the sea, wandering the port town, shopping, or settling into a café with a view as the light changes toward evening.

Day 8: Naxos

Included meals: Breakfast

Today is intentionally unstructured, giving you the freedom to enjoy Naxos in your own way. You might spend time at one of the island's beautiful beaches, wander Naxos Town and the Kastro, explore inland villages, or visit ancient sites scattered across the countryside. Your tour leader will be available to help you plan a day that suits your energy and interests - whether active, relaxed, or somewhere in between.

Day 9: Naxos / Paros

Included meals: Breakfast, Dinner

After breakfast, we'll take the ferry to Paros, an island known for its whitewashed villages, clear waters, and long maritime history. Once we've checked into our hotel, we'll have some free time before taking our included transfer to Naousa, one of the Cyclades' most charming harbor towns, filled with cafés, small shops, and easy places to linger. As evening approaches, we'll gather for dinner as the harbor lights come on, enjoying the relaxed atmosphere that makes Paros so inviting. Afterwards, we'll return to our hotel by transfer.

Day 10: Paros

Included meals: Breakfast, Lunch

Today we explore Paros more deeply, beginning in Parikia with a visit to the Church of a Hundred Doors, one of Greece's most important religious sites. We then travel across the island, stopping at marble quarries that explain Paros' historic importance, and continue to Lefkes, a hill village of quiet lanes and shaded squares. After lunch, we return to Naousa, where there's time to wander, sit by the water, and enjoy the simple pleasures of island life.

Day 11: Paros

Included meals: Breakfast, Dinner

Our final full day is free to enjoy Paros in the way that feels right to you. Options include a short ferry to Antiparos, a coastal boat trip, village walks, time at Paros Park, or simply relaxing by the sea. In the evening, we come together for a farewell dinner - a chance to reflect, laugh, and celebrate the journey we've shared.

Day 12: Paros / Athens (Departure Day)

Included meals: Breakfast

Today we'll head to the airport in the morning for our 45-minute flight back to Athens, where the tour will officially come to an end. From here you can connect with your departing flight home. *Please note that your return flight from Athens should depart at 3:30 PM or later in order to have

enough time to transfer to the International Departures area of the airport.

Tour Inclusions

Included

✓ Small group experience with a maximum of 12 women

✓ Professional tour leader throughout the trip

✓ 11 nights of accommodation in comfortable 4-star hotels

✓ Transportation within Greece, including private vans, ferries, public transport and an internal flight

✓ Daily breakfast, 5 lunches and 6 dinners

✓ Local English-speaking guides throughout the trip

✓ All activities, entrance fees and unique experiences listed in the itinerary

✓ Arrival airport transfers

Not Included

✗ Flights to/from Greece

✗ Passport/visa fees

✗ Meals and activities not mentioned

✗ Travel insurance (mandatory)

✗ Other gratuities

Pricing

Shared Room:	**$ 6,345**
Single Room:	**$ 7,040**
Deposit:	**$ 750**

Accommodations

On this tour, we'll stay in comfortable 4* accommodations throughout. All rooms have private bathrooms. There are both single rooms and shared rooms (with 2 separate beds) available.

Physical Demand

MODERATE

This trip includes city walks, island exploration, historic sites, ferries, an internal flight and a few travel days. Guests should be comfortable walking for up to 2 hours at a time over a mix of smooth streets, cobblestones, steps, hills and uneven terrain.

The itinerary may include warm temperatures, early starts, ferry boarding, and full days of sightseeing. This trip is best suited for women who can manage a moderately active itinerary and are comfortable with the walking and steps common in Greece's historic towns and island villages.

Ready to Book Your Adventure?

Women Travel Tribe

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Website: womentraveltribe.com
Tour Details: womentraveltribe.com/tours/greece-sep-2028

Small group adventures designed specifically for women 50+
Experience the world with like-minded travelers!