

Oaxaca, Mexico

Journey into Authentic Mexico

February 13 - February 19, 2027

Women Travel Tribe

Small Group Adventures for Women 50+

womentraveltribe.com/tours/oaxaca-mexico-feb-2027

Tour Overview

Duration:	7 days
Maximum Group Size:	12 women
Start Date:	February 13, 2027
End Date:	February 19, 2027
Arrival Airport:	Oaxaca (OAX) Airport
Departure Airport:	Oaxaca (OAX) Airport

Prepare to be utterly charmed! The Women Travel Tribe invites you to a **captivating 7-day small group tour**, crafted exclusively for women over 50, deep into the heart of **Oaxaca, Mexico**. This isn't just a trip. It's an immersive experience where **ancient traditions beautifully intertwine with today's vibrant culture**.

Imagine journeying through **picturesque villages**, engaging your creativity in **hands-on craft and weaving workshops**. Picture yourself exploring the surreal, petrified waterfalls of **Hierve el Agua** and standing in awe amidst the ancient wonders of **Monte Albán**, a UNESCO World Heritage site, feeling the echoes of civilizations past.

Savor **authentic, exquisite meals** surrounded by breathtaking scenery, and unleash your inner chef during a lively **cooking class** in a local Oaxacan kitchen.

This tour offers a truly unique blend of cultural immersion, sensory delights, and the perfect balance of relaxation and adventure.

Join us and discover the magic that makes Oaxaca so unforgettable!

Itinerary

Day 1: Oaxaca - Arrival Day

Included meals: Dinner

Upon arrival, a private driver will meet you at the airport and take you to our centrally-located hotel. For those who arrive early or are interested in some activities on this day, our team will be on hand to assist. We'll then meet up in the evening for a group orientation and our first dinner together, diving into the deep flavors of Oaxaca's famous food scene!

Day 2: Oaxaca

Included meals: Breakfast, Lunch, Dinner

We'll start the day by exploring Oaxaca's captivating old town on foot, visiting major attractions like Santo Domingo and the Zocalo, as well as bustling markets. At lunchtime we'll head to the famous "20 de Noviembre" market to savor a wide array of Mexican dishes, including tlayudas, enchiladas, enfrijoladas, and more. We'll then have the opportunity to visit a local art gallery and studio, where we'll engage with a Oaxacan artist celebrated for his vibrant and innovative take on figurative expressionism. Our day will conclude with a dinner featuring mole, a renowned Mexican sauce that dates back to pre-Hispanic times. Known as the "land of the seven moles," Oaxaca is the perfect place to experience this culinary delight.

Day 3: Oaxaca / Teotitlan del Valle / Tlacolula / San Marcos Tlapazola / Oaxaca

Included meals: Breakfast, Lunch

Today we'll head to Teotitlán del Valle, a Zapotec village known for its naturally dyed rugs and beeswax candles. Here, you'll get to roll up your sleeves in a hands-on weaving workshop led by locals whose families have worked with textiles for generations. We'll learn how they use ingredients collected from nature, including cochineal insects, moss, and indigo, to create their colorful dyes. Everyone will then make a small woven piece on a manual loom using Zapotec techniques. Afterwards we'll continue to Tlacolula for lunch, followed by a cacao tasting. We'll taste raw cacao beans, learn the difference between commercial and consciously produced chocolate, and use a wooden molinillo to whisk freshly made chocolate into traditional frothy drinks. In the afternoon we'll drive to San Marcos Tlapazola, where a group of women has formed a red-clay pottery cooperative. Using unconventional tools such as corn cobs and repurposed basketballs, they create traditional kitchenware by hand.

Day 4: Oaxaca

Included meals: Breakfast, Lunch, Dinner

We'll kick off our day by diving into a lively market, surrounded by an array of colors and aromas. It's here that we'll gather fresh ingredients for a cooking class that awaits us. From there, we'll head to the kitchen of a local chef who will guide us through the intricacies of Oaxacan cuisine, including how to make mole, a complex sauce that often contains over 50 ingredients, ranging from chilies to chocolate, giving it a unique and rich flavor. After enjoying our culinary creations, you'll have free time to wander through Oaxaca's city center, with options such as visiting art galleries, exploring boutiques, or relaxing in one of the city's charming cafes. The day will conclude with a hearty, home-cooked meal with our local friends.

Day 5: Oaxaca / Monte Albán / Arrazola / Oaxaca

Included meals: Breakfast, Lunch

Today we'll begin our day with a drive to the Atzompa Archeological Site, part of the Monte Albán complex. Here we'll wander among ancient ruins and see the ball game court, a structure that once played a central role in Zapotec community life. After exploring the site and soaking in its historical atmosphere, we'll enjoy lunch in the peaceful countryside surrounding Oaxaca. Our journey will then continue in Arrazola, a town long known for its tradition of crafting alebrijes, folk art sculptures that reflect a deep cultural heritage. Here we'll visit a workshop run by a local women's cooperative. During this session, you'll have the rare opportunity to paint your own small alebrije and learn the traditional techniques behind these uniquely crafted figures. We'll conclude our day in San Bartolo Coyotepec, a town celebrated for its unique black pottery, where we'll observe the craft up close and interact with local artisans.

Day 6: Oaxaca / Hierve el Agua / Mitla / Oaxaca

Included meals: Breakfast, Lunch, Dinner

We'll start the day with a traditional Mexican breakfast in a charming small town before heading to Hierve el Agua, a natural wonder featuring cliffside formations that look astonishingly like frozen waterfalls. After a relaxing tour of the site, we'll drive to the town of Mitla, honored with the "Pueblo Magico" title in 2015. This title is awarded to towns in Mexico that offer visitors a "magical" experience due to their natural beauty, cultural richness, traditions, and great hospitality. Here we'll explore some of Oaxaca's most significant archaeological sites, wander through a quaint market, and enjoy a tasty lunch. For those who prefer a quieter day, our tour leader can help you set up a restful experience back in the city, with options such as a day spa, enjoying a temazcal steam bath or partaking in a chocolate-making class. As the day winds down we'll regroup for our farewell dinner at one of the best restaurants in the city.

Day 7: Oaxaca - Departure Day

Included meals: Breakfast

You will be picked up for your private airport transfer based on the time of your departing flight.

Tour Inclusions

Included

✓ Small group experience with a maximum of 12 women

✓ Professional tour leader throughout the trip

✓ 6 nights of accommodation at a comfortable 4-star hotel

✓ Daily breakfast, 5 lunches and 4 dinners

✓ Private transportation within Oaxaca in a comfortable van

✓ Local English-speaking guides throughout the trip

✓ All activities, entrance fees and experiences listed in the itinerary

✓ Airport transfers

Not Included

✗ Flights to/from Oaxaca

✗ Passport/visa fees

✗ Meals and activities not mentioned

✗ Travel insurance (mandatory)

✗ Gratuities

Pricing

Shared Room:	**$ 3,590**
Single Room:	**$ 4,280**
Deposit:	**$ 750**

Accommodations

We'll stay in a comfortable and convenient 4* hotel in the heart of Oaxaca's Historical Center. 8 single rooms are available and offered on a first come-first served basis. The remainder of the rooms will be shared, two travelers per room in two separate beds. All rooms have a private bathroom.

Physical Demand

MODERATE

This trip includes a steady amount of walking, especially during city explorations, market visits, village activities, and visits to archaeological sites such as Monte Alban. Guests should be comfortable walking for up to two hours at a time over a mix of flat streets, uneven paths, stone surfaces, and outdoor terrain.

This is not a hiking-focused trip, but it does include full days, time outdoors, steps, uneven ground, and occasional early starts. Our hotel is housed in a historic building without an elevator, and rooms are located across the ground, second, and third floors. Guests assigned to an upper floor must be comfortable using stairs, although hotel staff will carry all luggage at check-in and check-out.

This trip is best suited for women who are comfortable being on their feet for extended periods and walking at a relaxed but steady pace.

Ready to Book Your Adventure?

Women Travel Tribe

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Website: womentraveltribe.com
Tour Details: womentraveltribe.com/tours/oaxaca-mexico-feb-2027

Small group adventures designed specifically for women 50+
Experience the world with like-minded travelers!