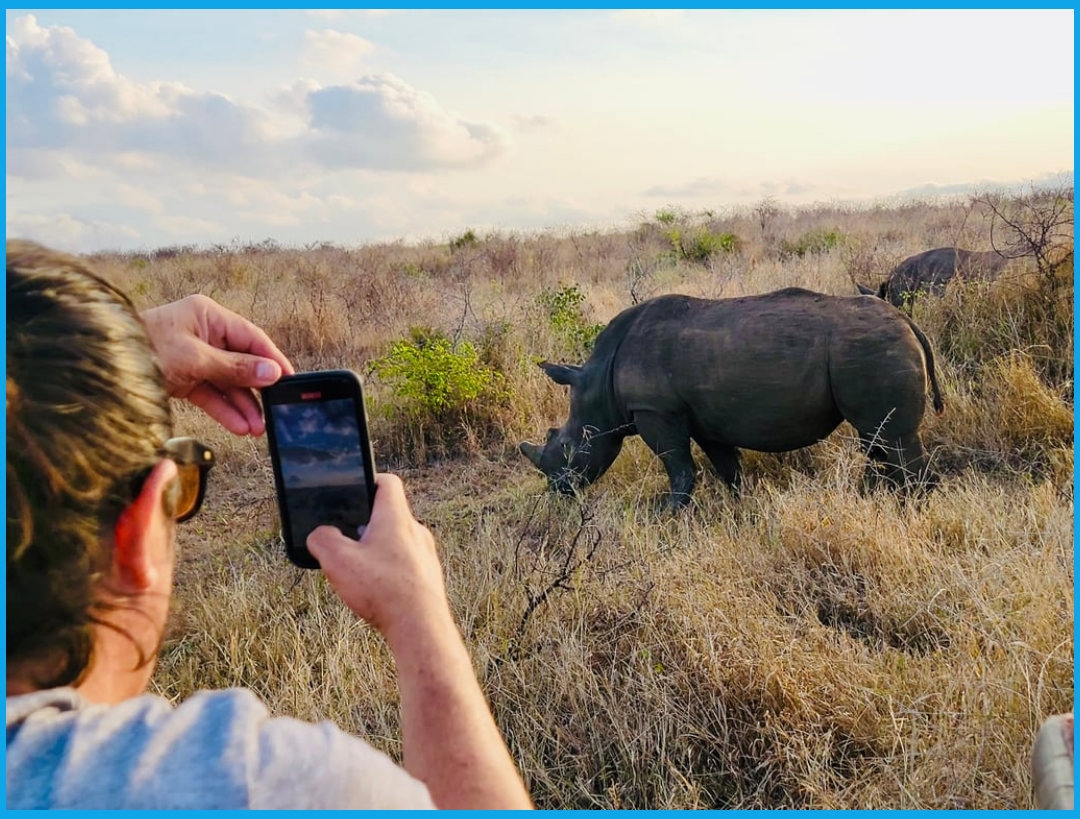


South Africa

Culture, Wildlife and Beyond!

September 06 - September 18, 2028

Women Travel Tribe

Small Group Adventures for Women 50+

womentraveltribe.com/tours/south-africa-sep-2028

Tour Overview

Duration:	13 days
Maximum Group Size:	12 women
Start Date:	September 06, 2028
End Date:	September 18, 2028
Arrival Airport:	Cape Town International Airport (CPT)
Departure Airport:	King Shaka International Airport (DUR)

South Africa is a place of astonishing contrasts - where dramatic coastlines meet wide-open savannahs, where history is complex and deeply human, and where wildlife encounters can feel almost surreal. This journey is designed for women who want to experience all of it: culture, nature, creativity, and unforgettable moments - without rushing, without overwhelm, and with a strong sense of care and connection.

Over nearly two weeks, we travel from vibrant Cape Town and the dramatic Cape Peninsula, through coastal villages and wine country, and onward to wetlands, safari reserves, and wildlife-rich landscapes that feel worlds away from daily life.

Along the way, we meet local artisans, chefs, community leaders, and conservationists - people whose stories add depth and meaning to everything we see.

This is an exciting journey, and one that's carefully balanced. There is time to explore and time to pause, moments of awe and moments of reflection. Traveling in a small, women-only group creates a sense of ease and camaraderie that allows you to be fully present - curious, confident, and open to what unfolds.

If you've ever dreamed of seeing South Africa in a way that feels immersive, empowering, and genuinely joyful, this journey offers exactly that.

Itinerary

Day 1: Cape Town (Arrival Day)

Included meals: Dinner

Upon arrival in Cape Town, you'll be transferred to our centrally-located hotel. After settling in, there's time to rest, stretch your legs, or explore nearby shops and cafés. In the evening, we come together for our welcome dinner - a relaxed first gathering where conversations begin easily and the tone for the journey is set. This is where the group starts to feel like a community.

Day 2: Cape Town

Included meals: Breakfast, Lunch, Dinner

Today offers a powerful introduction to Cape Town, its beauty, creativity, and complex history. We begin with a city orientation, including Parliament and District Six, where we learn about the forced removals that reshaped the city and the ongoing resilience of its communities. From there, we head to Bo-Kaap, famous for its brightly painted houses and Cape Malay culture. A guided walk leads into a hands-on cooking class with a local host, where we prepare traditional dishes like bobotie and chakalaka together - a lively, joyful experience that blends storytelling and flavor. In the afternoon, we take the cable car up Table Mountain. From the top, the views stretch across the city, ocean, and mountains for a breathtaking moment that often becomes one of the trip's first "wow" experiences. After free time back at the hotel, we gather again for dinner.

Day 3: Cape Town / Cape of Good Hope / Cape Town

Included meals: Breakfast, Lunch

Today we explore the wild beauty of the Cape Peninsula. Our private tour takes us along dramatic coastal roads into the Cape of Good Hope Nature Reserve, where cliffs drop into the sea and wildlife such as baboons, ostriches, and various marine birds can be observed. We stop at Boulders Beach to see African penguins up close as they waddle across the sand, then continue to Cape Point for a guided walk to the historic lighthouse overlooking the rugged coastline. Lunch is fresh seafood along the False Bay coast before we return to Cape Town in the late afternoon - full of ocean air and expansive views.

Day 4: Cape Town

Included meals: Breakfast, Lunch, Dinner

This day brings meaningful connection and creativity. We begin with a visit to an NGO supporting underprivileged children through education and the arts, where we learn how community-based programs create lasting change. We also create handmade bookmarks with local artisans, a small,

tangible connection to the people we meet. Lunch is at a lively market filled with food stalls and handcrafted goods made from recycled materials. In the afternoon, we walk through Langa township with a local guide, learning about its past and present while visiting craft centers where traditions continue to thrive. As the day winds down, we enjoy a sunset walk along the Sea Point Promenade before ending the evening with dinner at a unique restaurant featuring live music and performance, a celebratory close to a rich day.

Day 5: Cape Town / Pringle Bay / Hermanus

Included meals: Breakfast, Lunch, Dinner

After breakfast, we'll head south and follow one of South Africa's most scenic coastal routes to Pringle Bay, where ocean and mountain meet. Here, a local artisan guides us through a bead-making workshop, sharing the cultural meaning behind each design. After lunch we'll continue to Hermanus, a relaxed seaside town famous for whale sightings. After check-in, there will be time to unwind before an optional stroll through town and a walk along the coast. If we're lucky, we may even spot whales offshore. In the evening we'll come together for dinner, enjoying fresh food made from local ingredients.

Day 6: Hermanus / Franschhoek

Included meals: Breakfast, Lunch

Today we'll head out for a morning visit to the Hermanus Botanical Gardens, where we'll have time to walk through the grounds and enjoy a calmer side of the town, with native plants and plenty of spots to slow down and take it in. Afterwards we'll meet at our workshop venue to take part in an interactive Botanical Gelli Print session, where a local instructor will guide us through the process of making prints using natural textures and plant shapes, creating a finished piece to take home. After the class we'll enjoy lunch before continuing to Franschhoek, surrounded by the vineyards and mountains of the Cape Winelands. Once we've checked into our hotel, the rest of the afternoon will be free to relax or explore the town at your own pace. Franschhoek offers many options for dinner, and you'll be free to choose a restaurant or join others from the group for a relaxed evening together. Your tour leader will be there to assist.

Day 7: Franschhoek

Included meals: Breakfast, Lunch, Dinner

Today we explore the rolling vineyards and mountain scenery of the Cape Winelands. We'll visit a local winery for a guided tasting and learn more about how South African wines are produced. We'll then take part in a private wine-blending experience, where you'll create your own blend and bottle it to take home. After lunch, there will be time to stroll through Franschhoek's inviting town center, filled with galleries, cafés, and artisan shops. The rest of the afternoon will be free to relax or continue exploring before we come together for dinner.

Day 8: Franschhoek / Durban / St. Lucia

Included meals: Breakfast, Dinner

This is a travel day, but one that brings us into an entirely new landscape. After breakfast we'll transfer to Cape Town Airport for our flight to Durban, then drive north to St. Lucia, with a stop along the way to stretch our legs and purchase lunch. The drive takes approximately three hours, bringing us to a peaceful town bordered by wetlands and wildlife reserves. After settling into our lodge we'll enjoy dinner at one of the town's best restaurants. As night falls, keep an eye out: hippos sometimes wander from the wetlands into town, an unforgettable reminder that nature is very close here. We'll keep a safe distance and follow our local guide's advice.

Day 9: St. Lucia / iSimangaliso Wetland Park / St. Lucia

Included meals: Breakfast, Lunch, Dinner

Today begins with our first game drive in iSimangaliso Wetland Park, a UNESCO World Heritage site known for its remarkable biodiversity. Elephants, buffalo, giraffes, zebras, and more inhabit this lush mix of landscapes, from clear lakes to open grasslands. Bird enthusiasts will be able to observe some of the 500 species in their natural surroundings. After lunch, we board a two-hour boat cruise on Lake St. Lucia Estuary - Africa's largest - where hippos surface beside the boat and massive crocodiles rest along the banks. This network of marshes and lagoons brings us up close and personal with the wildlife of the area. The evening offers time to relax before dinner.

Day 10: St. Lucia / Hluhluwe-iMfolozi Park

Included meals: Breakfast, Lunch, Dinner

This morning we'll leave St. Lucia behind and travel to a rhino orphanage in Manyoni Game Reserve. Here we'll learn how calves are rescued, rehabilitated, and protected, offering a moving insight into conservation efforts. From there we'll continue to our safari lodge in Hluhluwe-iMfolozi Park, arriving in time for lunch and a break before our afternoon safari. We'll then set out with a professional ranger in search of Africa's Big Five. Our goal is to spot lions, leopards, rhinoceroses, elephants, and Cape buffalo, among many other animals, as we explore the varied terrain. As the sun lowers, the landscape glows and animals become active, an exhilarating introduction to safari life in this fascinating corner of the country. In the evening we'll gather for dinner and, if the skies are clear, take time to enjoy the stars.

Day 11: Hluhluwe-iMfolozi Park

Included meals: Breakfast, Lunch, Dinner

Today deepens the safari experience. We'll begin with an early morning game drive, exploring the reserve as animals become active at the start of the day. After breakfast we'll spend time with the local community, learning about its initiatives and visiting a traditional Zulu family. Through conversation and everyday activities such as basket weaving and cooking, we'll gain a more

personal understanding of local life, traditions, and customs. There will be time for lunch and a break at the lodge before heading out on our afternoon safari, exploring more of the park and searching again for diverse wildlife. In the evening we'll gather for dinner and conversation among our quiet surroundings in the middle of peaceful nature.

Day 12: Hluhluwe-iMfolozi Park / Durban

Included meals: Breakfast, Dinner

An included early morning safari gives us one last chance to experience the park as animals begin their day. Then, after breakfast at our lodge, we'll drive approximately 3.5 to 4 hours to Umhlanga, near Durban, arriving around lunchtime. The afternoon is free to relax with a swim, a massage, or a stroll along the promenade. In the evening, we gather for our farewell dinner and a final celebration of everything we've shared throughout our time in beautiful South Africa.

Day 13: Durban (Departure Day)

Included meals: Breakfast

Private transfers are arranged to the airport according to your flight time.

Tour Inclusions

Included

✓ Small group experience with a maximum of 12 women

✓ Professional tour leader throughout the trip

✓ 12 nights of accommodation in comfortable 3-star/4-star hotels and safari lodges

✓ Daily breakfast, 9 lunches and 10 dinners

✓ Transportation within South Africa, including 4x4 jeeps for safaris, private vans and an internal flight

✓ Local English-speaking guides throughout the trip

✓ All activities, entrance fees and experiences listed in the itinerary

✓ Airport transfers (arrival in Cape Town / departure from Durban)

Not Included

✗ Flights to/from South Africa (arrive Cape Town / depart Durban)

✗ Passport/visa fees

✗ Meals and activities not mentioned

✗ Travel insurance (mandatory)

✗ Gratuities

Pricing

Shared Room:	**$ 7,350**
Single Room:	**$ 8,350**
Deposit:	**$ 750**

Accommodations

On this tour we'll stay in comfortable and convenient 3* and 4* hotels and lodges. All rooms have a private bathroom. There are a maximum of 8 single rooms available. These rooms will be offered on a first come-first served basis. The remainder of the rooms will be shared. Solo travelers will be paired together, two travelers per room in two

single beds.

Physical Demand

MODERATE

This trip combines city and town walking tours, cultural visits, safari drives, two longer travel days, and time outdoors. Guests should be comfortable walking for up to two hours at a time over paved streets, steps, and occasional uneven surfaces, as well as climbing in and out of safari vehicles and remaining seated during extended drives. Some days will also begin early.

Safari days may involve early morning starts, extended periods sitting in 4x4 vehicles and travel over uneven roads. The itinerary also includes private vans and an internal flight. This trip is best suited for women who can manage a moderately active itinerary, long days and the physical realities of safari travel.

Ready to Book Your Adventure?

Women Travel Tribe

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Tour Details: womentraveltribe.com/tours/south-africa-sep-2028

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